

Common Questions Concerning Clomiphene Citrate

1. Is there a brand name for Clomiphene Citrate?

Yes. Two brands of Clomiphene Citrate (CC) are available, Clomid and Serophene. There is no difference in the medication other than the company that manufactures the drug and the price. (Price is determined by your pharmacy). A generic Clomiphene Citrate is also available. Check with your physician before using this.

2. How is this medication used?

Clomiphene citrate is used for the treatment of abnormalities of ovulation in patients desiring pregnancy. Your physician will screen you to evaluate the potential benefit of CC prior to taking the medication. It stimulates the brain to help induce ovulation. The most common dosage of CC is 50 mg/day on days three through seven or on days five through nine of your cycle. This dosage may be decreased or increased in daily dosage or number of days depending on your individual response. CC should not be taken during pregnancy. If you think you may be pregnant, a blood or urine test should be obtained.

3. What side effects might I experience?

It is important for you to be aware of the potential side effects of CC. Most patients taking CC have very few problems with the medication and find the side effects, if they occur, very mild. The most common side effects are vasomotor or hot flashes (11%), increased breast tenderness (2.2%), abdominal bloating or discomfort (7.4%), and ovarian enlargement (14%). Other less frequent side effects include visual disturbances (1.6%), such as blurring, spots, or flashing. At the appropriate dosage, CC usually causes very few side effects. When side effects do occur, they generally subside once you have completed the medication.

4. When and how should I report side effects?

Call the office if you experience any of these symptoms:

- abdominal pain
- visual changes
- increased headaches
- dizziness
- other bothersome symptoms that you think are related to taking Clomiphene Citrate

5. What are the chances that I will have multiple babies?

The incidence of multiple births is approximately 10% for twins and 1% for triplets or more.

6. **What are the chances that I will conceive?**

The most current information states that approximately 35% of patients who take CC will achieve pregnancy. The incidence of birth defects is no higher for a woman who conceived on CC than for the general population.

7. **How will I know if I am pregnant?**

Report the following to your doctor:

- If your period is unusual in length or amount of flow
- If you miss your period

Your Personal Instructions:

Day #1 of your cycle is the first day of bleeding.

Your dose: One 50mg pill by mouth on days 3-7 of your cycle.

Instructions: Take one 50mg pill by mouth on day #3

Take one 50 mg pill by mouth on day #4

Take one 50 mg pill by mouth on day #5

Take one 50 mg pill by mouth on day #6

Take one 50 mg pill by mouth on day #7

- Continue to use the ovulation predictor kit to know when you ovulate. Time intercourse according to when you ovulate, as you were doing in the months prior to starting Clomid.
- If you are late for your period, check a urine pregnancy test and call the office with the result (if it is positive or negative).
- If you do not conceive the first month, we will repeat Clomid a second month and possibly alter the dose.